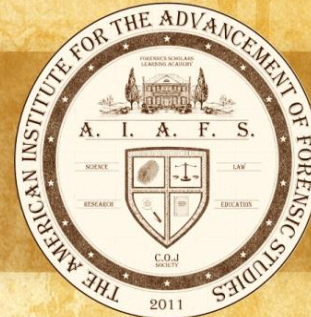


The American Institute for the Advancement of Forensic Studies



Dialectical Behavior Therapy (DBT) in Forensic Settings

Presenter: Lane Pederson, PsyD

Seminar Date: 11/20/2015

8:30am-4:30pm

6.0 hours of continuing education credit

Presenter Biography

Dr. Lane Pederson is the author of three DBT books including *Dialectical Behavior Therapy: A Contemporary Guide for Practitioners* and the founder of Dialectical Behavior Therapy National Certification and Accreditation Association (www.dbtncaa.com). Dr. Pederson owns MHS, one of the largest DBT-specialized clinical practices in the United States (www.mhs-dbt.com). He has trained over 8000 professionals in DBT in the US, Canada, Mexico, and Australia and has conducted DBT trainings in mental health, hospitalization, and chemical dependency treatment settings as well as for the Federal Bureau of Prisons and Walter Reed National Military Medical Center. He is also a peer reviewer for *Forensic Scholars Today*. His professional website is found at www.DrLanePederson.com.
over 20 years.

Training Description

Dialectical Behavior Therapy (DBT) was originally designed for chronically suicidal and self-injurious people with borderline personality disorder. With a robust evidence base, DBT skills and techniques have been applied and adapted for many difficult-to-treat populations including those in forensic settings. Join Dr. Lane Pederson to learn the essentials elements of DBT and how it can be used to help people in the toughest life situations achieve lasting behavioral change.

Training Objectives

1. Describe the Core Philosophies and Assumptions of DBT.
2. Use Evidence-Based Practices to Adapt DBT to Forensic Populations.
3. Describe the Essential Elements and Functions of a DBT Clinical Process.
4. Learn Mindfulness, Distress Tolerance, Emotion Regulation, and Interpersonal Effectiveness Skills.
5. Identify Five Modifications for Forensic Settings.
6. Assess the Three Variants of Self-Injury seen in correction settings.
7. Use Behavioral and Solution Analysis to Address Problem Urges and Behaviors.

Location: Mall of America Executive Center, 410 East Broadway Bloomington, MN 55425

Cost: \$85.00 (Individual Rate)

Registration: (Use form on reverse side of this flyer)

Additional Info: Jerrod Brown 651-734-5517 / email: jerrodbaiafs@gmail.com

Continuing Education Approval - Application for continuing education credits will be made with the following boards:

The Minnesota Board of Social Work
The Minnesota Board of Behavioral Health
The Minnesota Post Board

The Minnesota Board of Psychology
The Minnesota Board of Marriage and Family Therapy
The Minnesota Board of Continuing Legal Education

The American Institute for the Advancement of Forensic Studies (AIAFS)

Course Registration

Seminar Title: Dialectical Behavior Therapy (DBT) in Forensic Settings

Seminar Date and Time: November 20th, 2015

8:30am-4:30pm

Cost: \$85.00

Mailing Address: The American Institute for the Advancement of Forensic Studies (AIAFS)
PO Box 5085
St. Paul, MN 55101

Additional Information: Call Jerrod Brown @ 651-734-5517 or Email: jerrodbaiafs@gmail.com

Location: Mall of America Executive Center, 410 East Broadway Bloomington, MN 55425

Training Schedule:

7:30am-8:30am-sign in/registration
8:30am-10:00am-Training
10:00am-10:15am-Break
10:15am-12:00pm-Training
12:00pm-1:00pm-Lunch
1:00pm-2:30pm-Training
2:30pm-2:45pm-Break
2:45pm-4:15pm-Training
4:15pm-4:30pm Questions/Post-Test/Adjourn

Registration Information:

Registration for this event will begin at 7:30am. The seminar will begin at 8:30am. Light refreshments will be provided throughout the day. Lunch is on your own.

Continuing Education Credit Information:

Application for continuing education credits will be made with the following boards:

The Minnesota Board of Social Work
The Minnesota Board of Behavior Health
The Minnesota Post Board
The Minnesota Board of Psychology
The Minnesota board of Marriage and Family Therapy
The Minnesota Board of Continuing Legal Education

Please Note:

Lunch is not included
Parking is free
Dress in layers due to variations in room temperature
No audio or video recording is allowed
Certificates of continuing education credits will be provided at the conclusion of the seminar



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Attendee Contact Information DBT Training 11/20/2015 8:30am-4:30pm Cost: \$85.00

Name: _____
Agency/Company: _____
Business Address: Street _____
City _____ State _____ Zip Code _____
Home Phone: _____
Work Phone: _____
Cell Phone: _____
Email: _____

Payment Information

Check (Check No: _____)

Credit Card: Visa Master Card Other _____

Name on Card: _____

Card Number: _____

Expiration Date: _____ Security Code _____

Billing Address: Street _____

City _____ State _____ Zip Code _____

Name of person submitting credit card information: _____

Signature of person submitting credit card information: _____