



Provicta & HealthPartners

Provide a community of support for the **physical and mental well-being** of first responders through innovative wellness and technology solutions to optimize performance, build resiliency to stress and improve long-term health solutions.

Partner to create a community of care for first responders providing state-of-the-art health and wellness services that deliver measurable outcomes to this vital workforce population, which result in safer communities for all. Deliver imperative physical, mental, financial and other wellness services onsite that are provided by qualified professionals who possess a true understand of first responders and their needs.

Body, Mind, Community

Includes programs created by first responders for first responders that are tailored to provide education, training and consultation to build a community of ongoing support to improve the physical and mental health, resilience and overall wellness for police, fire and EMS personnel.

Learn more at:

provicta.com and healthpartners.com/care



HealthPartners®
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PROVICTA®
SUPPORTING THOSE WHO SERVE US

Body, Mind, Community

Programs:

In-service training covering:

- Nutrition, exercise, sleep, general physical health and disease prevention/management, mental health and stress reduction, mindfulness, financial fitness, etc.
- 1:1 consultations with qualified medical professionals who are first responders or who are specifically trained to support first responders
- 1:1 consultations and training with mental health professionals specifically trained to support first responders
- Direct pipeline to concierge care and support through a premier healthcare system
- Development and training of Wellness Officers
- Wellness Programming Development – consultation with command staff, city administrators and elected officials
- Access to relevant online content and conversations
- Minnesota Board of Peace Officer Standard and Training (POST) approved training credits

Proactively working to identify, recruit and train the needed medical professional to serve and support first responder communities. This service is built on the need to ensure first responders are not only given the “right” care but “timely” care, eliminating unnecessary wait times and red tape.

From primary to specialty care, providing direct access into this concierge care model will align your workforce with properly trained medical professions who understand their unique needs.

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